

CHEERLEADING

Level / Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Tiny (3-5years)						9.00-10.00am	
Mini Pom and Cheer (4-8yrs)						9.00-11.00am	
Mini COED Cheer Novice (4-8yrs)				4.00-5.00pm			
Youth L1 (5-11yrs)		4.00-6.00pm					
Junior L1 (10-14yrs)					4.00-6.00pm		
Junior L2 (10-14yrs)				4.30-6.00pm		12.00-2.00pm	
Open L2 (14yrs & up)		7.30-9.30pm					
Senior L3 (10yrs & up) By Invitation Only		5.30-7.30pm			5.30-7.30pm		
Senior L4 (10yrs & up) By Invitation Only			5.00-7.30pm				9-11.30am
Open COED L5 (14yrs & up) By Invitation Only	7.30-9.30pm			7.30-9.30pm			
Open AG L5 (14yrs & up) By Invitation Only	5.00-8.00pm		7.00-9.00pm	6.00-8.00pm			

PARTNER STUNTS & GROUP STUNTS

Level / Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Partner Stunts By Invitation Only	TBC					
Group Stunts By Invitation Only		Level 1&2 6.15-7.15pm			Level 3-5 7.30-9.00pm	

TUMBLE

Level / Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Youth (5-8yrs)						11am -12noon
Junior (8-14yrs)			4.00-5.00pm			
Senior (10-14yrs)					6.00-7.00pm	
Advanced		7.45-8.45pm			4.15-5.15pm	
Private Lessons By appointment						
Back Tuck Class	TBC					
Flyers Class	TBC					

FRONT DESK (During School Term Only)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3.30pm – 8.00pm	3.30pm – 8.00pm	3.30pm – 6.00pm	3.30pm – 6.00pm	3.30pm – 6.00pm	9am – 1.00pm

STAR-MITES GYM SPORTS TRAINING DAYS & TIMES MORLEY 2017

DANCE

Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mini (5-8yrs)			5.00-6.00pm			
Youth/Junior (10-14yrs)			6.00-7.00pm			
Junior Elite (10-15yrs) <i>By Invitation Only</i>						2.00 – 3.00
Senior Elite (10-18yrs) <i>By Invitation Only</i>						12.30 – 2.00
Strength/Technique				7.30-8.30pm		
Open Pom				8.30-9.30pm		
Open Elite (14+yrs) <i>By Invitation Only</i>		7.00-9.00pm				
Solo and Duo's <i>By appointment</i>		6.00-7.00pm	7.00-8.00pm			11.30am – 4.00pm
Private Classes <i>By appointment</i>						

TRAMPOLINE & TUMBLE BONANZA CLUB LEVEL

Level	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Level 1-2	4.00pm-5.30pm			4.00pm-5.30pm		
Level 2-3	4.00pm-6.00pm			4.00pm-6.00pm		
Level 3-4	4.00pm-7.00pm			4.00pm-7.00pm		

TRAMPOLINE & TUMBLE TEAM – *By Invitation Only*

Level	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Level 2-3 <i>By Invitation Only</i>	4.00pm-6.00pm					
Level 3-4 <i>By Invitation Only</i>	4.00pm-7.30pm			4.00pm-7.30pm		
Level L4 & up <i>By Invitation Only</i>	4.00pm-7.30pm			4.00pm-7.30pm		8.00am -11.00am

Bookings: Phone 9276 5028 Email info@smcad.com.au

FRONT DESK *(During School Term Only)*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3.30pm – 8.00pm	3.30pm – 8.00pm	3.30pm – 6.00pm	3.30pm – 6.00pm	3.30pm – 6.00pm	9am – 1.00pm