



Athletes Code of Ethics

- Participate according to your own needs and not just to please parents and coaches
- Play by the rules
- Never argue with an official
- Be a good sport
- Treat all participants as you would like to be treated
- Co-operate with your coach, team-mates and officials
- Respect the rights, dignity and worth of all participants

Parent Code of Ethics

- Remember that young people participate in sport for their enjoyment, not yours
- Applaud good performances from all
- Respect the decisions of officials
- Never ridicule or scold a young person for making a mistake. Positive comments are motivational
- Support all efforts to remove verbal and physical abuse from sporting activities
- Focus on your child's effort and performance rather than on outcome
- Teach young people that an honest effort is as important as victory
- Encourage young people to always play according to the rules
- Remember that young people learn best from example

